

THE GREATEST GAME OF ALL



## CIRCULAR 368

**TO: Region Managers, General Manager, Major Competitions Referees'  
Academy Manager Referees' Operations**

**DATE: 11.10.2019**

**RE: NRL Guidelines for Management of Concussion**

The purpose of this Circular is to reinforce the NRL Guidelines for the Management of Concussion in Rugby League which were published in February 2019 and can be found on the QRL website under Documents and Policies at the below link

<https://www.playrugbyleague.com/trainer/concussion/>.

It is imperative that the steps contained in these guidelines are followed in the management of all concussion related injuries and to note that the most important element of concussion management is the welfare of the player both in the short and long term. Part of this management includes the use of the approved Head Injury Recognition and Referral form. This form must be used by all participants prior to returning to play following a head or neck injury.

The management of concussion across all contact sports is currently a topical issue and research highlights the need for all sports to take considered preventative action to avoid instances where their athletes are subject to unnecessary risk of head, neck and concussive injury.

If you have any further questions in relation to use of these guidelines you should contact your Region Manager.

Yours sincerely

**Robert Moore**  
**MANAGING DIRECTOR**



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